



CPRI DECEMBER NEWSLETTER

The Center for Paranormal Research & Investigation

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New Study: After Death Communications

An After-Death Communication (ADC) is a spiritual experience, which occurs when you are contacted directly and spontaneously by a deceased family member or friend, without the use of psychics, mediums, rituals, or devices of any kind. It's estimated that 50-100 million Americans - 20-40% of the population of the United States - have had one or more ADC experiences.



Is After Death Communication Possible?

These kinds of experiences were intensively studied by scientists during the late 19th century, and hundreds of cases were reported. Unfortunately, in recent decades most parapsychologists have shown

little interest in studying such phenomena, and not many contemporary experiences of this kind have been reported. We believe, however, that they may be just as common now as they were 100 years ago, although we rarely hear about them, perhaps because most people who have an experience of this kind tell few other persons about it. We have learned about a few such cases in recent years, and we would

like very much to learn about others.

If you have experienced an After Death Communication please email Bobbie Atristain at bobbie@virginiaghosts.com

CPRI Featured on the Lou Gentile Show

CPRI Founder and Director Bobbie Atristain was featured on the Lou Gentile show in November. Bobbie discussed her book

“Haunted People, Haunted Minds” and many of CPRI’s most memorable cases. Visit lougentile.com for more info.



Special points of interest:

- CPRI starts researching After Death Communication
- CPRI was featured on the Lou Gentile Show
- CPRI Spotlights Jason Hawes
- Book Review of “A Paranormal Casebook” by L. Auerbach
- CPRI Holiday Message from the Director and Founder, Bobbie Atristain

Inside this issue:

CPRI Spotlight	2
Rhine Research	2
Book Review	2
Holiday Message from CPRI	3
Inside Story	3
ParanormalTube.com	3
Haunted People Review	4



CPRI Spotlight: Jason Hawes

Jason was awarded honorary member status in the Spring of 2006.

Jason founded The Atlantic Paranormal Society (TAPS) in 1990 after having a paranormal experience of his own. Since then he has become a very well known and well respected paranormal researcher. In 2004 he and TAPS became the subject of the documentary series "Ghost Hunters" on the Sci-Fi Channel.

Today, TAPS' founder, Jason, is in his early 30s, a plumber and the father of three

girls and twin sons. Jason enjoys spending quality time with his children, deep-sea fishing and writing screenplays — he has written four in the sci-fi/thriller genre.

Over the years, TAPS has accumulated clients with surprising speed — victims of troubled or restless spirits who needed their help. Jason,



Jason Hawes of T.A.P.S.—a CPRI Honorary member

Grant and the others who have joined the group investigate haunted houses throughout New England and encounter all types of human ("regular" ghosts of dead people) and inhuman (entities such as demons) hauntings.

Rhine Workshop: Precognitive Dreaming

Friday, December 8, 7:30-9:00 pm and/or Saturday, December 9, 1:00-4:00 pm Precognitive Dreaming:

A Talk and Workshop with Susan Reintjes

Susan Reintjes is a psychic, medium, author and Jungian-based psychotherapist in private practice in Chapel Hill, NC.

Precognitive Dreaming: Quoting from Susan, "Every night approximately seven dreams play out significant and

"Every night approximately seven dreams play out significant and enriching dramas filled with messages and insight from the unconsciousness"

enriching dramas filled with messages and insight from the unconscious. This valuable and creative material from the psyche does not follow the rules of linear time but rather

emerges from archaic time. In archaic time your life drama is continually unfolding without the constraints of the past, present or future. Therefore your dream life has access to information of events before they appear in linear time. You are experiencing precognitive

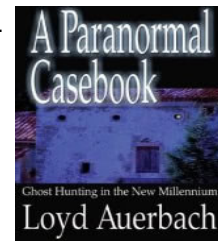
dreams regularly and with the three R's - Remember, Record & Review - you can begin to recognize and benefit from your precognitive abilities. In this experiential workshop you will learn a deeper understanding of archaic time and the language of your dreams. You will practice accessible techniques to increase psychic abilities in everyday life as well as remembering and understanding your dreams." Registration Fee: Talk \$20 - \$15 Students, Seniors & Members. Workshop \$45 - \$40 Students, Seniors & Members. To Register: Call 919-309-4600, ext. 201.

Book Review: A Paranormal Casebook

First off let me say that I thoroughly enjoyed this book. Mr. Auerbach has a great writing style making it both enjoyable and fun to turn the page. The book is a compilation of both Mr. Auerbach ideas of the Paranormal and a grouping of cases he has worked on as an investigator. His views of the Paranormal make a lot of sense and the cases he picked are some of the most dynamic he has been involved with. They include haunting in homes, poltergeist activity, an aircraft carrier, and even some that were not so paranormal. He has brought together a good collection.

Section one covers his explanation of what a "ghost" is and he categorizes them as the big three, apparitions, hauntings, and poltergeists. He also talks about photos and some of the pit falls in camera use and the proverbial "orb" argument. He talks about "PK" or psychokinesis involved in poltergeist cases, and then breaks down the difference in the types of hauntings, mainly "intelligent" or "residual". Over all this is an excellent section for those who have no experience in either paranormal research, or for those who have been doing investigations for a while and want some re-

view.



Wanna read more? Virginiaghosts.com/book_reviews.php



Holiday Message from CPRI Founder

Greetings and Happy Holidays! I want to thank all of our readers and supporters who have been there for us throughout the past 6.5 years. It's been a pleasure reading your emails and chatting with you. 2006 was a big year for CPRI. We had our first annual Paranormal conference which was a big success thanks to all of you who came out to hear our

speakers. Thanks for your support! We are looking forward to 2007's conference—it will be bigger and better than last year's conference. Thanks to all of the families that have allowed us to come into their home to conduct investigations—without you we wouldn't be here. Also a special

thanks to the members of CPRI. Each one of you brings a unique and special skillset to our organization and without you CPRI wouldn't exist. Thanks to all of your hardwork and dedication.



CPRI Founder and Director
Bobbie Atristain

Cheers!

Why Do Depressed People See Ghosts?

Depressed people are more likely to see ghosts according to a study of 85 female college students participated in recently. Each participant completed a psychokinesis (PK) task and completed the magical ideation scale. Consistent with research reported by Thalbourne and others (e.g., Thalbourne & Delin, 1994), participants who had a higher level of depression also showed higher illusory control scores. In a second study of 105 participants completed a preconviction task and a PK task as well as a judgement of contin-

gency task used by Alloy and Abramson (1979) to test to the so-called "depressive realism" hypothesis. This study replicated the findings of the first study. Both studies show that there is a relation between magical thinking and psychopathology.

In conclusion, it easy to suggest that there is a vast amount of research that points to the positive relation between the extent of people's belief in magical causes (including paranormal phenom-

ena) and the level of certain symptoms associated with psychopathology. People who experience higher levels of psychopathology are more likely to believe in the reality of causal connections between events that are not, according to generally accepted concepts, casually connected.

TV: Paranormal Tube

PARANORMALTUBE.COM is not a windows media playlist, it is a conglomeration of expensive hardware and software that blends together to form the Internet's first 24/7 Paranormal Internet Television Station. If the event arrives that this station can be brought to regular Cable or Satellite providers, we have the technology to make it happen. Our goal here at PARANORMALTUBE.COM is not to go on Cable or Satellite, however we have the technol-

ogy to make it happen. PARANORMALTUBE.COM started out as an idea of Lou Gentile's in early 2006 due to being lied to from one of the upcoming Horror TV Channels that never made it to television. Due to being mismanaged, this Horror TV Channel secretly had plans of only going to Broadband Internet TV and until recently never told it's fan base they would be concentrating on going Internet Only



All Paranormal and Horror 24/7

The Center for Paranormal Research & Investigation

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CPRI, Inc.

Hours of boredom, seconds of panic.

*The Center for Paranormal Research and Investigation ** is a non-profit organization based outside of Richmond, VA. We conduct investigations into the paranormal in a non-metaphysical manner. One of our main goals is to seek out allegedly "haunted locations" * and to assist those who are experiencing problems with the paranormal. We then look for authentic evidence of the paranormal and try to determine if the location is haunted. We are seeking genuine evidence and are careful about the presentation of this evidence... insuring that it is legitimate, researched and analyzed before being presented to the general public.*

We use strict SCIENTIFIC methods to obtain TANGIBLE evidence - Evidence that leaves no doubt about its origin, cause and effect. Evidence that will be reproducible under controlled testing conditions. (example - If a ghost is residing in a home and is able to be clearly picked up by videotape, then it should be able to be clearly picked up upon testing replication.)

We are skeptics and not debunkers - skeptic means to question and debunk means to expose while ridiculing.

We are committed to proposing new theories regarding the paranormal that will be reproducible within a laboratory environment - to read about a few of these please click here. The credibility of the group is maintained above all else as we do not work with psychics or conduct investigations using metaphysical methods. We are not "Ghost Busters", but when a case does prove to be genuine, assistance through other channels may be provided at the location owner's request.

Book Spotlight: Haunted People, Haunted Minds

The book begins by describing why the paranormal is worthy of scientific investigation and why belief in the paranormal has increased over the last 10 years. Next it reviews the areas of neuroscience, neurotheology, and quantum physics. These are relatively new areas to mainstream science and therefore can be unfamiliar even to the veteran paranormal investigator. The brief overview of each topic provides one with a general understanding of the topic and explains why they are important to paranormal research and how they may someday make the paranormal very normal.

The basics of the three-step investigation process used by The Center for Paranormal Research and Investigation (CPRI) is presented next. This is the same process used by the group I am affiliated with and it is good to see others using it. This investigation procedure is very successful and should be used by more paranormal investigators. A little bit more information on what types of questions are asked

during the interview and the specifics of the full-scale investigation would have been an added bonus.

The review of theories on infrasound, electromagnetic fields, and geomagnetic fields, their effects on the brain, and how they can be the cause of some subjective paranormal experiences is extremely well done. Complex theories from Michael Persinger and Vic Tandy are presented in a logical and easily un-

derstandable format. Examples from the scientific literature and real-life case studies provide the needed support in order to drive the information home. The reader will also enjoy learning about some of the unique equipment the CPRI is using to test these theories in the field.

The book then goes on to describe the various psychological phenomena that can be mistaken for paranormal experiences. Not only does one learn what causes the phenomenon but is also educated on what type of paranormal activity it resembles. Once again I enjoyed how each point was reinforced by real-life examples.

Wanna buy it? Visit lulu.com/cpri



Haunted People, Haunted Minds is a must read for any paranormal investigator.